

REPORT

SEMINAR

ON

INTRODUCTION TO GENDER IDENTITIES

8th August 2023

Resource person:
Dr. APM.Mohammad Rafeeq
Former Head, Department of Zoology
Malabar Christian College, Calicut



DEPARTMENT OF BIOTECHNOLOGY
EMEA COLLEGE OF ARTS AND SCIENCE, KONDOTTY
&
EMEA COLLEGE STUDENTS UNION

REPORT

Foreword:

The Department of Biotechnology and EMEA College Students Union jointly organized a Seminar on “INTRODUCTION TO GENDER IDENTITIES “for the students, scholars and faculties.

It was organized to make awareness on their understanding of Gender identity and gender expression and to educate them to eradicate the stereotypes and to create equal space for those who live outside cultural and social norms. HOD, Department of Biotechnology organized the webinar and Dr. Somysoman, faculty coordinated the programme, Dr. Somy Soman was the coordinator. Dr. APM.Mohammad Rafeeq, Former Head, Department of Zoology was the resource person. Mr. Amjad, Student Editor delivered welcome speech. Dr. Mashoor K, HOD delivered the presidential address. Dr. Muneer Valappil, Principal delivered presidential address, Ms. Haulath, IQAC Joint Coordinator delivered felicitation. Last half an hour was for the Q&A session. Dr. Ashraf P., Assistant Professor, Department of Political Science was the Moderator. The programme came to an end by 1.30 pm with the vote of thanks by Dr..Somy Soman. Almost 181 participants were there, including the students and faculty of other colleges.

Content of the talk:

The resource person, Dr. Rafeeq sir, began his presentation by briefly defining terms like sex, gender, gender identity, gender transition, gender dysphoria, etc. He handled what was a really delicate subject with such ease. He highlighted the fact that there is a gender identity crisis in society. He also clarified the distinction between gender expression and gender identity. He talked on the sexual orientation of transgender people. It sounded quite awful when he described the suffering and trauma people experience when they are struggling with their gender identity. His presentation proved to be more valuable for comprehending those marginalised sects of people and helped us to change our judgements about those people. Everyone's thoughts were lighted by equal space and inclusivity. The question and answer period truly paid off and raised the session's calibre.



DEPARTMENT OF BIOTECHNOLOGY
& COLLEGE STUDENTS UNION 2022-23

EMEA College of Arts and Science, Kondotti

Reaccredited with 'A' grade by NAAC

SEMINAR ON
INTRODUCTION TO
**GENDER
IDENTITIES**

AUG.
2023
TUESDAY

08



11.00 AM

@ AVT



Resource Person:

**Dr. APM Mohammed
Rafeeq**

Former Head, Dept of Zoology
Malabar Christian College, Calicut

Coordinator: Dr.Somy Soman, Mob.9645099053

Flyer of the programme









LIST OF PARTICIPANTS

S.No	NAME	DEPARTMENT	COURSE AND YEAR
1.	Mushhida kt	Bsc.biotechnology	Biotechnology 2nd year
2.	Fathima rafa. K	biotechnology	Bsc biotechnology 2 nd year
3.	Fathimathul rinha k	BSc BIOTECHNOLOGY	Biotech 2nd yr
4.	Hudha Mariyam	Bsc Biotechnology	Biotechnology 2022
5.	Sabith k	Ba English language and literature	ENGLISH 2nd Year
6.	Muhammed Aslam. V	English	BA English Second Year
7.	Akhil v	Ba english	2nd year
8.	Afnan kp	Bsc biotechnology	3 year
9.	Fareedha farhana	Bsc biotechnology	3rd year
10.	Rinsha	Biotechnology	Bsc biotechnology 2021-24
11.	Niba Najmudheen	Biotechnology	Bsc biotechnology 2021 - 24
12.	Mujeeba kv	Bsc biotechnology	Bsc biotechnology 3rd year
13.	Keerthana. N	Bsc Biotechnology	Biotechnology, 3rd yr
14.	Jumana nasim	Bsc biotechnology	3rd year
15.	FIDHA FATHIMA. C. K	Bsc. Biotechnology	Bsc. Biotechnology,
16.	Sayin krishna	BA ENGLISH	BA ENGLISH 2nd year
17.	Fasna. T. K	BSC BIOTECHNOLOGY	BIOTECHNOLOGY 3rd year
18.	Najiya thasni	Bsc Biotechnology	3rd yr biotechnology
19.	MOHAMMED FARSIN PV	BBA	2nd year
20.	Muhammed salih vp	Ba westasia	2nd year
21.	Nabhan	Bcom co	Bcom coperation 2nd yr
22.	Nihaj	Was	2nd year
23.	Nasha k	Bsc. Biotech	2nd yr
24.	Malavika PT	Bsc biotechnology	2nd year
25.	Fathima Arsha E	Bsc biotechnology	3rd year
26.	Arafath	Bcom ca	2nd year
27.	Suhana	BSc BIOTECHNOLOGY	BSc BIOTECHNOLOGY 1st yr

28.	Radwa	Biotechnology	2
29.	Adila Sharin	Biotechnology	Biotechnology 3rd year
30.	Shifna.k	Bsc biotechnology	Bsc biotechnology 2023
31.	Safa	BSc BIOTECHNOLOGY	BSc BIOTECHNOLOGY 1st yr
32.	Saima Parveen	Biotechnology	Biotechnology 3 rd year
33.	Seba M	Bsc Biotechnology	2
34.	Erfana pn	Bsc biotechnology	3rd yr
35.	Kadheeja Amal	Biotechnology	Bsc biotechnology second year
36.	Aysha ferin	Biotechnology	Bsc biotechnology 2nd year
37.	Raheena kp	Ba English	2nd year
38.	Rania shamsudheen	Biotechnology	Bsc biotechnology second year
39.	Anshida	B.com	2nd year
40.	Athulya	BSc BIOTECHNOLOGY	BSc BIOTECHNOLOGY 1st yr
41.	Safna p	Bsc biotechnology	3rd yr
42.	Haniya chemban	Biotechnology	BSc biotechnology second year
43.	Nidha shery. K	Biotechnology	2nd
44.	Shana sherin	Biotechnology	BSC biotechnology second year
45.	Seniya	Biotechnology	2
46.	Muhammed Yaseen	Biochemistry	2nd
47.	Hafsa mubeena	Biotechnology	BSc biotechnology second year
48.	Faihaparveen	Biotechnology	Bsc. Biotechnology 3rd year
49.	Mohammed fazil kp	Commerce	Bcom ca 2 nd year
50.	Rinfa c	Bsc Biotechnology	2021-2024
51.	Aman Ameer	BIOTECHNOLOGY	Biotech 3rd sem
52.	Jumana minnath	B com coop	2 nd year
53.	Naflah P	Biotechnology	2
54.	Shaheen	Biotechnology	Biotechnology 2nd year
55.	Mohammed fazil kp	Commerce	Bcom ca 2 nd year

56.	Shibili k	Bsc Biotechnology	2022-25
57.	Mohammed Naji M	Bsc Biotechnology	2022-25
58.	Nadah pp	Bcom CA	2nd year
59.	Hashir	Computer science	Computer science , 3rd year
60.	Thoufeeque TN	Bsc Biochemistry	2nd year biochemistry
61.	Faheema Femin	Biotechnology	2
62.	Mohammed Ashiq	COMMERCE	BCOM CA, 3rd sem , 27 roll no.
63.	Shamleena nasrin.c	Bcom ca	2nd year
64.	Asna.p	Biotechnology	First year
65.	DIKRA MUNEER	BA English	2nd yr BA ENGLISH
66.	NAJIYA NP	Bsc Biochemistry	Bsc Biochemistry 2 nd yr
67.	Sahna.pm	Bsc biotechnology	First year bsc biotechnology
68.	Fathima Nafla	Bsc biotechnology	Bsc biotec 2023
69.	Aswandh Giri.m	Commerc	Bcom ca 2nd year
70.	Mohammed aflah. M	Commerce	Bcom ca 2nd year
71.	Mohamed shanid c	Bsc biotechnology	Bsc biotechnology 2nd year
72.	Hisana thasni pp	Bsc Biotechnology	Biotechnology 3rd year
73.	Hisana Thesnim	Biochemistry	Bsc Biochemistry 2nd yr
74.	Sufaid Rahman	Computer Science	Cs & 3rd year
75.	Fathima henna	BSc BIOTECHNOLOGY	BSc BIOTECHNOLOGY 1st yr
76.	Safa.M	Biochemistry	Bsc Biochemistry 2 nd yr
77.	Nasriya tk	BA ENGLISH	Ba english 3rd year
78.	Afeefa p	Commerce	B. Com ca.....2nd year
79.	Jasna.Mp	Biochemistry	Bsc Biochemistry 2 nd yr
80.	Nashwa	English	BA English 3rd year
81.	Nasla C P	Biochemistry	Biochemistry 2023
82.	Hiba Sharin	Biotechnology	2
83.	Niya	Biochemistry	Bsc Biochemistry 2 nd yr
84.	Shanif pk	Commerce	Bcom ca 2nd year

85.	Fathima Barira	Bsc Biotechnology	2
86.	Shaima	Biotechnology	2
87.	Anshid rahman tr	Bsc biochemistry	Bsc biochemistry 2nd yr
88.	Hafnanisa	Bsc Biotechnology	2
89.	Nidha Pullat	Biotechnology	2
90.	Aiman MC	Bsc Biotechnology	BBT-2022-25
91.	Fathimathu nidha k	BSc BIOTECHNOLOGY	BSc BIOTECHNOLOGY 2nd yr
92.	Mohammed fasil	Bsc biotechnology	Bsc biotechnology 2 nd year
93.	AIMAN MC	Bsc Biotechnology	BBT - 2nd Year
94.	Muhammed Mishal nk	Biotechnology	BBT 2nd yr
95.	Adarsh pk	Bsc biochemistry	First year, 2023
96.	MOHAMMED UWAIS. C. K	Biotechnology	BBT 2ND YEAR
97.	Munawar AP	BSc Biochemistry	1st year. 2023
98.	Muhammed Shibili PT	Bsc Biochemistry	1st Semester 2023
99.	Ashal hamza cp	Computer science	Cs , 3rd yr
100.	Ehsana AP	BA English	3rd year of English
101.	Hifasith yusuf	Double main	Double main 2nd yr
102.	Mohammed rishan	Bcom ca	Bcom ca 2nd yr
103.	Shahma sherin pk	Ba English	3rd year
104.	Muhammed shibil ok	Double main	2 year
105.	Fathima afrah mk	biochemistry	BSc Biochemistry-2nd year
106.	Muhsina Areekkan	West asian studies	2021-2024
107.	Farzana sery.m	Bsc biochemistry	Biochemistry 2 yr
108.	Fathima nihla p	Bsc bio chemistry	Bio chemistry 2 nd year
109.	Mohamed Dhanish. N	Bsc Biotechnology	BBT 2nd Year
110.	Shadha c	Biochemistry	BSc Biochemistry 2nd year
111.	Hasna. C	BA English	3rd year BA English
112.	Janfishan	Bsc biotechnolgy	BBT 2nd year
113.	Sameera N	Bsc biotechnology	Biotechnology 3rd year

114.	Mohammed Mubashir	Double main	2nd year
115.	Fathima liya	BA ENGLISH	Third year BA ENGLISH
116.	Sana Shoukkath Ali	Biochemistry	2 nd year biochemistry
117.	Arya k.k	BSC Biochemistry	2nd year
118.	MUHAMMED HAMRAZ VT	Biochemistry	BSc Biochemistry 2nd year
119.	Dilshida	Biochemistry	2 nd yr biochemistry
120.	Lena fathima	Biochemistry	Biochemistry 2 nd yr
121.	Shibin nishad	Biochemistry	2 nd year biochemistry
122.	Ahamed shamil	Biochemistry	2 nd year biochemistry
123.	Ashiqali	Bsc computer science	Bsc cs 3rd year
124.	Ansil.k	Bsc Biochemistry	Biochemistry first year
125.	Wafi Naseem	Bsc Biotechnology	BBT 2nd year
126.	Muhammed minhaj	Biochemistry	2 nd year biochemistry
127.	Favaz said p	Computer science	Bsc cs and 3rd year
128.	Fathima Hanoona	Biotechnology	1
129.	Ashad kunnath	Biochemistry	2nd year biochemistry
130.	Riha Fathima	Biotechnology	1
131.	Jumana thasni	Biochemistry	2 nd year biochemistry
132.	Salmanul fariz	Biotechnology	3 Rd year
133.	Muhammad ameen	Bsc biotechnology	3rd
134.	Anisha thesnim	Ba English	3rd year Ba English
135.	Mahsooque	Bsc biotechnology	3rd
136.	Fathima jinsha	Ba English	3rd year Ba English
137.	Fathima jinsha.k	Ba English	Ba English 3rd year
138.	Shabna. T	Ba English	3rd year Ba English
139.	Amina Nouma	Bsc.Biotechnology	Bsc.Biotechnology 22-25
140.	Muhammed Thalhath .T	biotechnology	biotech , 3rd year
141.	Rinshad	Biotechnology	Biotechnology, third year
142.	Rinsha sherin	Ba english	Ba english 1st yr
143.	Punya	Ba english	Ba english 1st year

144.	Akshaya	Ba english	Ba english 1st yr
145.	Fahmida shebin	English	Ba eng 1st year
146.	Parvathi Ajith	Bsc biotechnology	2nd year
147.	Jesna Ap	Bsc biotechnology	2
148.	Fathima rinsha	Bsc biotechnology	2
149.	Fathima fahmida.kt	Bsc biotechnology	2 nd year
150.	Mohamed Haseeb T	Biotechnology	3rd year
151.	Muhammed sabith k	Commerce	Bcom ca 2 year
152.	Abhinand	Bsc biotechnology	3rd year
153.	Ashil shaheed kc	Double main	2nd year
154.	Fathima shifana.v	B.com	2nd year CA
155.	Afeefa	Commerce	Bcome ca second year
156.	Fathima hifa	Commerce	Bcom ca second
157.	Nazih Shabeer P	Biotechnology	3rd Year
158.	fathima mirza	bba	degree 2nd year bba
159.	Fathima sibila. T	Bsc biotechnology	Bsc. BT 2nd year
160.	Gayathri M	Bsc biotrchnology	Second year
161.	Nidha Fathima k	Bsc Biochemistry	Biochemistry 1st year
162.	Niha amal	Bsc biochemistry	Biochemistry 1st year
163.	Nihala nizar k	Bsc biochemistry	Biochemistry 1st year
164.	Shifna km	Bsc Biochemistry	Biochemistry 1st year
165.	Musrifa sherin vk	Biotechnology	Biotechnology 3 rd year
166.	Jaseena sheri kt	Bsc biochemistry	Bsc biochemistry 2023
167.	Fasna	Bsc biochemistry	Bsc biochemistry 2023
168.	Fathima Hiba	Bsc biotechnology	Biotechnology 3rd year
169.	Munavvira k	Biotechnology	3rd year
170.	Fathima nahida ap	Biotechnology	3rd year
171.	Fathima Nada	Bsc Biotechnology	Biotechnology 3rd year
172.	Shima Shirin. T	Bsc Biotechnology	Biotechnology (3rd yr)
173.	Fathima Sahala. OP	Bsc Biotechnology	Biotechnology (3rd yr)

174.	Fathima Rishana	Bsc.Biotechnology	3rd Year
175.	Ayishath Jishna KP	Bsc Biotechnology	Biotechnology (3rd yr)
176.	Shifana. P	Bsc. Biotechnology	3rd year
177.	Minha. K	Bsc Biotechnology	Biotechnology (3rd yr)
178.	Sahla Thasneem. C	Bsc Biotechnology	Biotechnology (3rd yr)
179.	Fathima jinsha.k	Ba english	Ba english 3rd year
180.	Safeela. H	Bsc Biotechnology	Biotechnology (3rd yr)
181.	Selmiya nechithadavan	Bsc biotechnology	3rd year

REPORT

She Can

Self Defense Training for Girls



Organized by
**PG Department of History and West Asian Studies in association
with Women Cell and 40th College Union**

on
1/12/2023
EMEA College of Arts and Science, Kondotti

**PG DEPARTMENT OF HISTORY &
WEST ASIAN STUDIES ASSOCIATION**

EMEA COLLEGE OF ARTS AND SCIENCE, KONDOTTY

Re-accredited with 'A' Grade by NAAC



Ardra.N

(Boxing State Gold Medalist,
Alumna - Department of West Asian Studies)

2023
DEC. **01** FRIDAY, 10.30 AM
SEMINAR HALL

In association with **Women Development Cell**
& **40th EMEA College Union**

The 'She Can' self-defense training seminar was conducted on December 1st, 2023, at the College Seminar Hall. This event was organized by the PG Department of History and West Asian Studies in collaboration with the Women's Cell and the 40th College Union.

The primary objective of the seminar was to empower and equip young women with essential self-defense techniques, promoting confidence and safety in their daily lives. The session was led by Ms. Ardra, a distinguished alumna of the Department of West Asian Studies and a state gold medalist in boxing. Her expertise and experience in the field of self-defense brought a valuable perspective to the training.

The seminar commenced with an introduction highlighting the importance of self-defense and its relevance in today's world. Ms. Ardra showcased various practical self-defense techniques, including striking, blocking, and evasion maneuvers, providing hands-on demonstrations for the attendees.

Attendees actively participated in role-playing scenarios, allowing them to apply the techniques learned in real-life situations.

A question-and-answer segment provided an opportunity for attendees to clarify doubts and seek further guidance from the expert.

The 'She Can' self-defense training seminar left a lasting impact on the attendees, fostering a sense of empowerment, preparedness, and increased awareness about personal safety and self-defense strategies.



GPS Map Camera

Lat 11.133494, Long 75.942507
12/01/2023 11:47 AM GMT+05:30
Note : Captured by GPS Map Camera



GPS Map Camera

Pallikkal, KL, India

Kohinoor Puthurpallikal Kumminiparamba Road,
Tirurangadi, Pallikkal, 673638, KL, India
Lat 11.133494, Long 75.942507
12/01/2023 10:50 AM GMT+05:30
Note : Captured by GPS Map Camera

1/10/23

She Can - Self defence training Mozambique for Girls

25

Sl. No.	Roll No.	Name	Sign
1	21	Fathima Dhillna P	
2		Makula Jamuna	
3	19	Nasla Banu P	
4	34	Nashiga Nairan V	
5	25	Safina Shari K	
6	27	Silma P	
7	52	Nisa Krishna P	
8	41	ARDEA N	
9	5	Fahraa Juma V P	
10	22	Rithwana	
11	60	Sarega	
12	62	Venakrishna C	
13	55	Rudani	
14	54	Sreha V	
15	40	Anugreha	
16	51	Nidha Sherin K	
17	9	Fathima Rafia K	
18	7	Fathima Fayiza Pk	
19	49	merceda	
20	46	Hussien	
21	47	Jasna Shari	
22	43	Fathima Fasan	
23	3	Beevi Fathima fida	
24	11	Fathima Suhle	
25	20	Nesle Sherin. km	
26	14	Fathima Thesni	
27	13	Fathima Shana C	
28	45	Fathima Riya P	
29	21	Rafia Neryan	
30	17	Nafsa Fathima	
31	32	Fathima Simma	
32	15	Jahann Thasneem	

26

Sl. No.	Roll No.	Name	Signature
33	26	Karanga	
34	53	Karanga	
35	57	Sulthana	
36	48	Amara Shari	
37	38	Amara Shadiya	
38	28	Rishma	
39	18	Nasla	
40	12	Shameema	
41	39	Aneccha	
42	52	Rina	
43	27	Rishana	
44	57	Sreha Mol P	
45	6	Fathima Amana	
46	22	Fathima Nida	
47	4	Riya Fathima	



DIRECTORATE OF MINORITY WELFARE

REPORT

THREE DAY PREMARITAL – COUNSELING PATHWAY- SOCIAL LIFE WELLNESS PROGRAMME

AT

EMEA COLLEGE OF ARTS AND SCIENCE KONDOTTY

ON

16-18 NOVEMBER 2023



Government of Kerala
Department of Minority Welfare

In association with **Counseling Centre & Minority Cell**
EMEA College of Arts and Science, Kondotty

(Re-accredited with 'A' Grade by NAAC)

THREE DAY

**PATHWAY-
SOCIAL LIFE**

WELLNESS PROGRAMME 2023-24

16 | 17 | 18 - November 2023

@ Seminar Hall

INAUGURATION

Ms. Kamalam Edathil

(HoD Department of Commerce)

COACHING CENTRE FOR MINORITY YOUTHS
VENGARA - KOLAPPURAM

Coordinators Sibi Nijas K P, N K Zaheera Banu

Programme at a Glance

DAY 1

INAUGURATION

PROGRAMME SCHEDULE

WELCOME : ARYA KK

(STUDENT COORDINATOR)

PRESIDENTIAL ADDRESS : N K ZAHEERA BANU

(COORDINATOR, COUNSELLING CENTRE)

INAUGURATION : MS KAMALAM EDATHIL

(HOD, DEPARTMENT OF COMMERCE)

FELICITATION : MS HAULATH K

(IQAC ASSISTANT COORDINATOR)

: MS JISHA P J

(WOMEN CELL COORDINATOR)

VOTE OF THANKS : MOHAMMED AFSAL

(STUDENTS COORDINATOR)

SESSIONS

DAY 1

SESSION 1

DATE: 16-11-2023

TIME: 10:00 AM

TOPIC: INTRODUCTION – MARRIAGE FOR WELLNESS FUNCTION OF MARRIAGE

RESOURCE PERSON: SHAMEERA SHIBU. M

.

SESSION 2

DATE: 16-11-2023

TIME: 2:00 PM

TOPIC: EFFECTIVE COMMUNICATION SKILLS FOR COUPLES AND HEALTHY ONLINE COMMUNICATION

RESOURCE PERSON: MS SUHRABI

.

DAY 2

SESSION 1

DATE: 17-11-2023

TIME: 10:00 AM

TOPIC: INFANT AND ADOLESCENTS, PARENTING SKILLS, SEX EDUCATION AND PREGNANCY

RESOURCE PERSON: DR ABDULLAKUTTY

SESSION 2

DATE: 17-11-2023

TIME: 2:00 PM

TOPIC: LEGAL AND RELIGIOUS ASPECTS OF MARRIAGE

RESOURCE PERSON: ADV. SHAMSUDHEEN

DAY 3

SESSION 1

DATE: 18-11-2023

TIME: 10:00 AM

TOPIC: EFFECTIVE MANAGEMENT OF IN LAW RELATIONSHIP AND CONFLICT MANAGEMENT

RESOURCE PERSON: HAJARA M V

SESSION 2

DATE: 18-11-2023

TIME: 2:00 PM

TOPIC: FAMILY BUDGETTING

RESOURCE PERSON: MUNSHIDA

VALEDICTORY SESSION

Programme Schedule

WELCOME : AYSHA FAHMA

(STUDENT COORDINATOR)

PRESIDENTIAL ADDRESS : N K ZAHEERA BANU

(COORDINATOR, COUNSELLING CENTRE)

KEY NOTE SPEECH AND CERTIFICATE DISTRIBUTION

: DR ABDUL MUNEER V

(PRINCIPAL EMEA COLLEGE)

VOTE OF THANKS : FAJR K K

REPORT
SESSION WISE

DAY 1

INAUGURATION

On 16 November 2023 at Kondotty, EMEA college counselling centre in association with minority welfare department, government of Kerala, conducted a premarital counselling certified programme in the campus. The session started at 10:00 a.m with an inauguration ceremony. The programme was inaugurated by Mr. S Suresh, Director, Calicut International Airport. Student coordinator, Hisana Thesnim delivered welcome speech and presidential address was done by programme coordinator Zaheera Banu. After the principal address by Lt. Abdul Rasheed, Mr Abdurazaque P M a, Ms Kamalam Edathil and Mr Sibi Nijas delivered felicitations. Student coordinator, Anshid T K delivered vote of thanks.

In three-day long counselling sessions, topics discussed include marriage, in-law relationship, legal aspects of marriage, husband-wife relationship, family relationship and social issues, budgeting and so on.

SESSION 1

DATE: 16-11-2023

TIME: 10:00 AM

TOPIC: INTRODUCTION – MARRIAGE FOR WELLNESS

Resource Person: Ms Sameera Shibu

The upcoming session was handled by Ms Sameera. The resource person made student aware on the importance of maintaining a successful marital relationship and the significance of getting pre-marital counselling. “marriage is a lifelong journey two souls becoming one” like wise the resource persons entered many thoughts into student’s mind. The historical, social and religious perspectives of marriage were unravelled. The session was lively and they assured involvement of each and every one. Students were free to ask any doubts and to share their feedbacks.

SESSION 2

DATE: 16-11-2023

TIME: 2;00 PM

TOPIC: EFFECTIVE COMMUNICATION SKILLS FOR COUPLES AND HEALTHY ONLINE COMMUNICATION

Resource Person: Ms Suhrabi

The second session was handled by Ms Suhrabi, member of minority welfare department. The programme mainly dealt with husband wife relationship. She told that it is crucial for long lasting happiness in one's life. It is all about love and companionship. The smooth running husband-wife relationship is important in marital relationship. The session was made lively through games and role plays. Role plays were conducted by dividing students into eight groups and they performed different situations in marital life. Resource person made sure that the students are lively and interactive throughout the class. Towards the end of the session a question-answer session was put forward where students clarified their doubts and raised questions regarding the topic. They also gave their feedbacks on the entire day. Students were provided with refreshments and the session ended by 5.15 pm.

DAY 2

SESSION 1

DATE: 17-11-2023

TIME: 10:00 AM

TOPIC: INFANT AND ADOLESCENTS, PARENTING SKILLS, SEX EDUCATION AND PREGNANCY

Resource Person: Dr Abdulla Kutty

On the second day of premarital class, the morning session was assigned to Dr Abdullakutty. The resource person explained very well the male-female difference between anatomy. He also gave an outlook on how an individual reaches puberty and the key characteristics were enlisted. He also discussed about the sexual life in

marriage and the relevance of different contraceptive methods. The stages of pregnancy and maturation of baby were explained very well. She talked about expected pregnancy, unexpected pregnancy, and illegal pregnancy. Attitude towards the foetus must be positive. Then he explained pregnancy in detail and importance of having aware of it. As it is important to make emotional state of mother positive during pregnancy because adrenaline hormone increases during pregnancy and affect the foetus. She also discussed about the health maintenance during pregnancy period. During pregnancy adopting healthy eating habits, taking care of herself, taking care of the baby in womb, following good exercise routine, avoiding stress are very important.

An exclusive session for female and male participants was given separately. Students were given opportunities to clarify their doubts, were they raised very appreciating and relevant questions. Moreover, the session gave students an insight about importance of sexual life to maintain a healthy marriage. The session ended with a feedback from the students by 12.30 p.m

SESSION 2

DATE: 17-11-2023

TIME: 2:00 PM

TOPIC: LEGAL AND RELIGIOUS ASPECTS OF MARRIAGE

Resource Person: Adv. Shamsudheen

The second session started at 2:00 pm. He started with the introductory topic; the conditions of valid marriage with respect to different religion based laws. The session was rich in information about the restitution of conjugal rights. He also focused on the topic 'grounds for judicial separation'. Throughout the session

he described the relevance of marriage and marriage acts of different religion like Hindu marriage act, Christian marriage act and Muslim marital laws. Later he even put forward a discussion on dowry and dowry prohibition Act. The topic ended up with a talk on the modern trends in marital laws. The resource person also gave a detailed idea on various

conflicts that arises in marital life and the different mode used to resolve the issues. The whole session was information loaded regarding many laws related to marriage. After the session, students cleared their doubts and gave feedback. The session ended at 5:15 pm

DAY 3

SESSION 1

DATE: 18-11-2023

TIME: 10:00 AM

TOPIC: EFFECTIVE MANAGEMENT OF IN LAW RELATIONSHIP AND CONFLICT MANAGEMENT

Resource Person: Ms Hajara M V

The session dealt with the topics effective management of in law relationship and conflict . She mainly discussed about value of communication in marriage and other relationship with in-laws. She gave many instructions for improving the effectiveness of communication in relations. She also discussed about the responsibility, challenges and problems faced by the spouses in many situations of their life. Marriage is always more than mere union of two persons but of two families. Keeping this idea, the resource person explained the importance of maintaining a healthy, fruitful relationship with the family members. She made the class lively by engaging students in role play and other relevant games and clearing doubts. The resource person also gave a detailed idea on various conflicts that arises in marital life and the different mode used to resolve the issues. Many students made use of the opportunity and made the session interactive. Students were provided with refreshments at the end of the session. The session ended at 1.15 pm.

SESSION 2

DATE: 21-01-2023

TIME: 1:30 PM

TOPIC : FAMILY BUDGETTING

Resource Person : Ms Munshida

The session started at 1.30 p.m. It was on the topic 'family budgeting'. A financial source and its management are essential for smooth running family. A clear picture on home expense management and balanced family budgeting was given by the resource person. Planning and plotting are important for financial management. The class was interesting and gave opportunity to learn the ways to ensure financial security and the general maintenance of home expense through group activity. The speaker provides the insight and understanding regarding the key concepts in spending money wisely. She discussed the practical steps in planning budget and necessity to focus on savings to meet objectives and plan for the future to ensure economic security. She stated that money management is about meeting expenses, setting aside money for emergencies and savings. After the session, students cleared their doubts and gave feedback. The session ended at 4:45 pm

VALEDICTORY SESSION

The valedictory session was inaugurated and certificates were distributed by Dr Abdul Muneer V, Principal E.M.E.A College of Arts and Science.

PARTICIPANTS

Sl no.		Name	19	Mohammed Mufeed PK
1		Adil Hussain	20	Shahbana Backer
2		Ahammed Sahal KT	21	Mohammed Shadil K P
3		Anya K K	22	Amjad P T
4		Aysha Fahma	23	Muhammed Yaseen
5		Dilna P	24	Munavvar U K
6		Fajr K K	25	Nida Afna P
7		Farzana Sery	26	Raniya P
8		Faseeh Saneen K	27	Rahima Shirin
9		Fathima Afrah MK	28	Riha Fathima
10		Fathima Fida MP	29	Rishfana K
11		Fathima Fidha P C	30	Safra Nasri
12		Fathima Nihla P	31	Salah K
13		Fathima Shamna K	32	Shada C
14		Hamil Hani K C	33	Mohamed Shanid C
15		Mohammed Shanid C	34	Shibili K
16		Mohammed Fasil A	35	Thaqiyudheen
17		Mohammed Afsal N		
18		Mohammed Harshin Khan		

FACULTY ATTENDANCE

COACHING CENTRE FOR MINORITY YOUTHS , VENGARA - KOLAPPURAM

A.R Nagar P.O.Malappuram - 676305







(Under the Department of Minority Welfare, Government of Kerala)

Phone: 0494-2468176 , 9447243321

Email: ccmvengara@gmail.com

PATHWAY – SOCIAL LIFE WELLNESS PROGRAMME , 2023 – 24

EMEA COLLEGE OF ARTS AND SCIENCE

SL. NO	NAME	CLASS	TIME	SIGNATURE
<u>16/11/2023 - THURSDAY</u>				
1	SAMEERA 8281861208	INTRODUCTION – MARRIAGE FOR WELLNESS	10 am - 1:15 pm	
2	SUHRABI 9562723450	EFFECTIVE COMMUNICATION SKILLS FOR COUPLES AND HEALTHY ONLINE COMMUNICATION	2 pm – 5:15 pm	
<u>17/11/2023 - FRIDAY</u>				
3	DR:ABDULLAKUTTY 9447038261	INFANT AND ADOLESCENTS, PARENTING SKILLS, SEX EDUCATION AND PREGNANCY	10 am - 01:15 pm	
4	ADV.SHAMSUDHEEN 9946666115	LEGAL AND RELIGIOUS ASPECTS OF MARRIAGE	2 pm – 5:15 pm	
<u>18/11/2023 - SATURDAY</u>				
5	HAJARA.M.V 9446712339	EFFECTIVE MANAGEMENT OF IN LAW RELATIONSHIP AND CONFLICT MANAGEMENT	10 am - 01:15 pm	
6	MUNSHIDA.K 9995671415	FAMILY BUDGETTING	2 pm – 5:15 pm	

BANNERS



കേരള സർക്കാർ
സമൂഹപക്ഷ ക്ഷേമ വകുപ്പ്

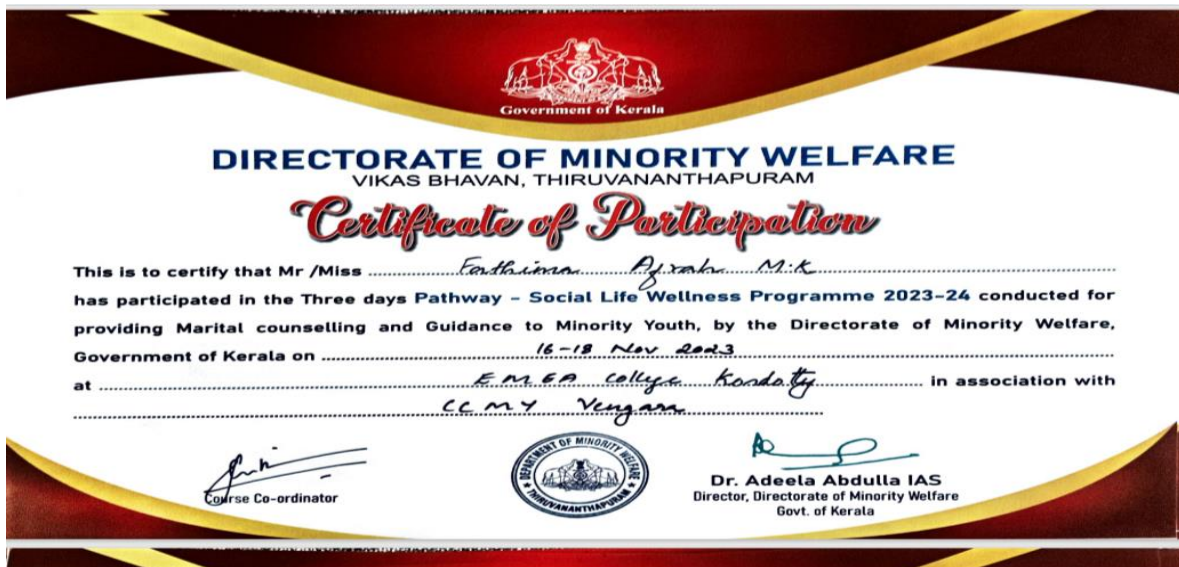
**PATHWAY-SOCIAL LIFE WELLNESS
PROGRAMME 2023-24**

**E. M. E. A COLLEGE OF
ARTS AND SCIENCE KONDOTTY**

2023 നവംബർ **16 17 18**

സമൂഹപക്ഷ യുവജന പരിശീലന കേന്ദ്രം
വേങ്ങര - കൊളച്ചുറം ☎ 0494 2468 176

CERTIFICATE



Government of Kerala

DIRECTORATE OF MINORITY WELFARE
VIKAS BHAVAN, THIRUVANANTHAPURAM

Certificate of Participation

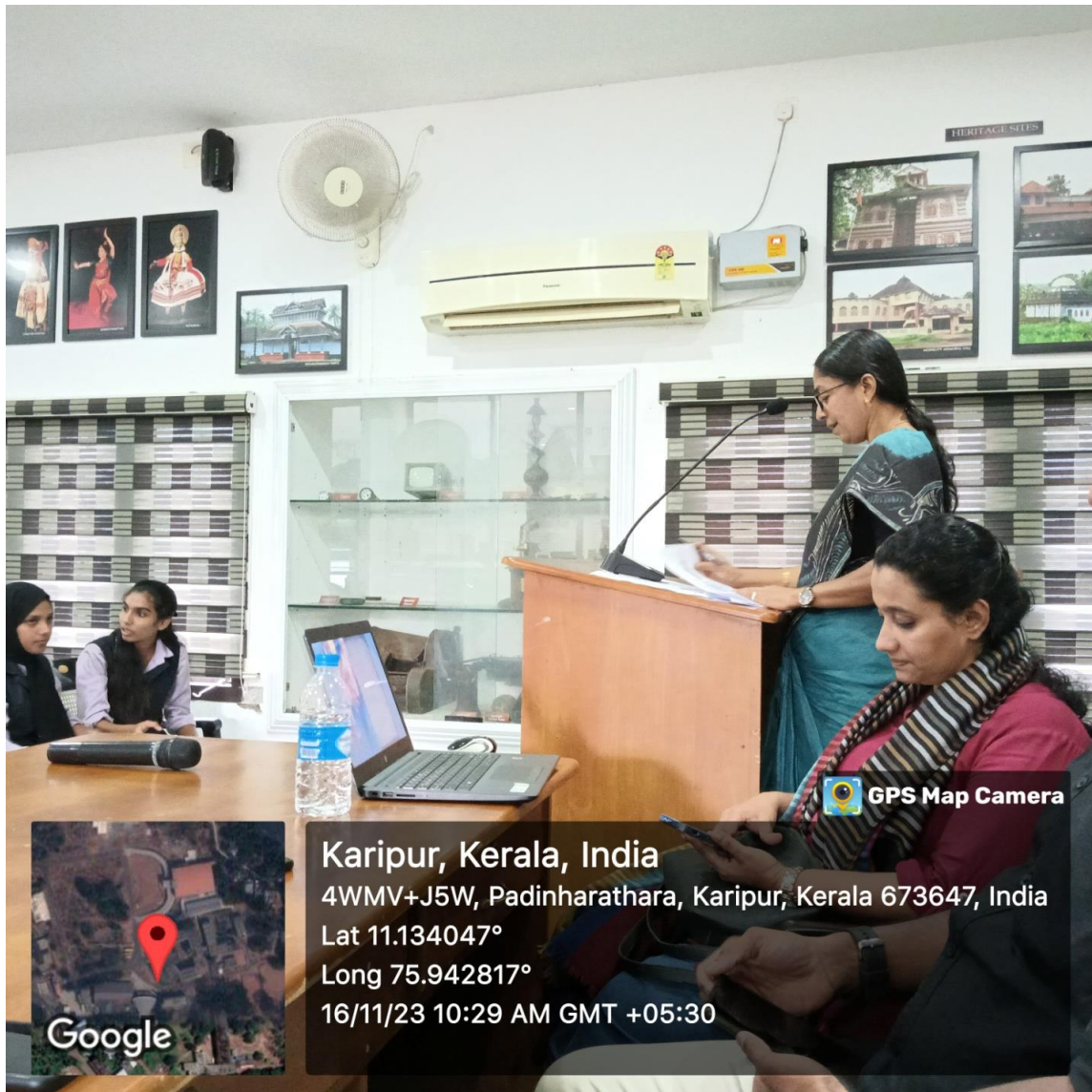
This is to certify that Mr /Miss Fathima B. M. K.
has participated in the Three days Pathway - Social Life Wellness Programme 2023-24 conducted for
providing Marital counselling and Guidance to Minority Youth, by the Directorate of Minority Welfare,
Government of Kerala on 16-18 Nov 2023
at E. M. E. A College, Kondotty in association with
C. M. Y. Vengara

Course Co-ordinator

Dr. Adeela Abdulla IAS
Director, Directorate of Minority Welfare
Govt. of Kerala

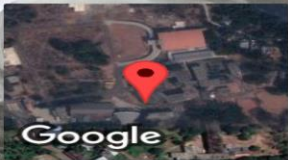
PHOTOS:

INAGURATION CERMONY





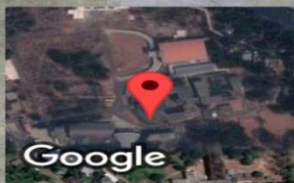




Karipur, Kerala, India
4WMV+J5W, Padinharathara, Karipur, Kerala 673647, India
Lat 11.134042°
Long 75.942852°
16/11/23 01:13 PM GMT +05:30

GPS Map Camera





Karipur, Kerala, India
 4WMV+J5W, Padinharathara, Karipur, Kerala 673647, India
 Lat 11.134091°
 Long 75.942889°
 18/11/23 12:34 PM GMT +05:30

GPS Map Camera





ത്രിദിന കാൺസിലിന് കോഴ്സിന് തുടക്കമായി

കൊണ്ടോട്ടി ന്യൂനപക്ഷ ക്ഷേമവകുപ്പിന്റെ ആഭിമുഖ്യത്തിൽ സൗജന്യ കോഴ്സ് ആരംഭിക്കാൻ വേണ്ടുന്ന പദ്ധതികൾ തയ്യാറാക്കിയിട്ടുണ്ട്. ഇ.എം.എ. കോളേജിൽ ആരംഭിച്ചു. വേണ്ടുന്ന ന്യൂനപക്ഷ യുവാക്കൾ പരിശീലന കേന്ദ്രത്തിന്റെ കീഴിലാണ് പരിപാടി സംഘടിപ്പിക്കുന്നത്. കോളേജ് കോർപ്പറേഷൻ വകുപ്പ് തല മേധാവിതയായ കലാശാലയിൽ ഉദ്യോഗസ്ഥർ ചേർന്നു. മെമ്മോറാണ്ടം സെൽ കോർഡിനേറ്റർ സിബി നിജാസ്, കോളേജ് കാൺസിലിന് സെക്രട്ടറി കോർഡിനേറ്റർ സഹീറ ബാനു, ഐ.ക്യു.എ.സി. അസിസ്റ്റന്റ് കോർഡിനേറ്റർ ഹാലത്, വുമൺ സെൽ കോർഡിനേറ്റർ പി.ജെ. ജിഷ, കാൺസിലർ സമീറ ഷിബു, സ്റ്റുഡന്റ്സ് കോർഡിനേറ്റർസ് ആദ്യ അഫ്സൽ പ്രസാദ്, കൊണ്ടോട്ടി മുനിസിപ്പൽ ചെയർപേഴ്സൺ സിദ്ധാശങ്കർ സുഹാസി പങ്കെടുത്തു. സമാപന ചടങ്ങ് അവസാനിപ്പിച്ചു.

2023 നവംബർ 17 • വെള്ളിയാഴ്ച മാതൃഭൂമി

കാൺസിലിന് കോഴ്സ് തുടങ്ങി

കൊണ്ടോട്ടി • സംസ്ഥാന സർക്കാരിന് കീഴിലുള്ള ന്യൂനപക്ഷ ക്ഷേമവകുപ്പിന്റെ നേതൃത്വത്തിൽ പാത്ത് വേ സോഷ്യൽ വെൽഫെയർ പ്രോഗ്രാം ഇ.എം.എ. കോളേജിൽ തുടങ്ങി. മൂന്നു വേദങ്ങളെ കാൺസിലിന് കോഴ്സ് വേണ്ടുന്ന ന്യൂനപക്ഷ യുവാക്കൾ പരിശീലന കേന്ദ്രത്തിന്റെ കീഴിലാണ് പരിപാടി നടത്തുന്നത്. കോഴ്സിന് മേധാവി കലാശാലയിൽ ഉദ്യോഗസ്ഥർ ചേർന്നു. സിബി നിജാസ്, സഹീറ ബാനു, ഹാലത്, പി.ജെ. ജിഷ, സമീറ ഷിബു, ആദ്യ അഫ്സൽ തുടങ്ങിയവർ പ്രസംഗിച്ചു.